# SPOEDTEST.NL

## INSTRUCTIONS

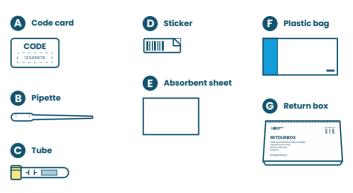
#### Thank you for choosing our STI test!

To guarantee a reliable test result, it is important that you follow the instructions carefully. Please read this instruction manual before use, so you know exactly what to expect.

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STI TEST URINE (penis) Chlamydia and Gonorrhea

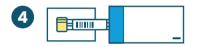
#### Contents of the package:



### Instructions for taking the test



Take the code card **(A)** out of the return box and keep it. You will need the code later to request your results. Without the code, you will not receive your results.



Stick the sticker (D) straight onto the tube and put it with the absorbent sheet (E) into the plastic bag (F). Seal the bag properly.

Make sure you have **not urinated for at least one hour.** Take a clean disposable cup and collect the first portion of your urine stream. Use the pipette **(B)** to transfer the urine into the tube **(C)**.



Put the plastic bag in the return box **(G)** and fold it closed. Use the adhesive strip on the side to easily seal the box. Don't test until 14 days after unsafe sexual contact!



The urine must come between the two black lines on the tube. Then tighten the cap firmly. Turn the tube 5 times to mix the liquid.



You can put the return box in a PostNL letterbox. You can ask for your result after 24 to 36 hours from the moment your sample has arrived in our lab.